

















<b>Unit Name</b>		<b>Date</b>	
<b>Unit Number</b>		<b>Menu Offer</b>	



















Only list recipes with containing allergen ingredients. Do not list single plain items like fruit or vegetables

Recipes	Allergens															
																
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustards	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites	Alcohol	Pork
Sorbet				MC			MC				MC Peanuts MC Almonds MC Hazelnut MC Pecan nuts MC Pistachio Nut					
Ice Cream				✓			✓			MC	MC Almonds MC Hazelnuts MC Pecan Nuts MC Pistachio nuts					
Eton Mess				✓			✓									
Fruit Platter																
GF Brownie				✓			✓				MC Almonds MC Hazelnuts MC Pecan Nuts MC pistachio Nuts MC Walnuts					

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Lemon Thyme Chicken																
Honey Glazed Crumbed Salmon		MC Barley ✓Wheat			✓							MC	✓			
Stuffed Pepper																
Mixed Salad		✓ Barley														
Mixed Veg																
Rosemary New Potatoes																
Potato Rosti																
Chips																

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Chicken, Chips & Beans	✓	✓Wheat														
Sausage, Chips & Beans		✓Wheat												✓		
Tomato Pasta		✓Wheat														
Gf Tomato Pasta						MC								MC		

**Allergy Advice:**

- Ingredients highlighted with ✓ are allergens that are present in this product
- Ingredients highlighted with the letters **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site, factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen